

**STL Express - STL Warriors Dual Meet
Principia College - January 3, 2015
Summary Results**

400 Meter Dash - 11:30a		High School Girls		No Block
Name	Team	Seed Time	Final Time	Overall Place
Alexandra Cadenhead	Warriors	1:01.00	1:03.34	1
SiArra Forrest	Express	1:06.00	1:05.95	2
Drevon Carter	Express	1:08.00	1:08.62	3
Alex Curtin	Warriors	1:09.00	1:09.19	4
Jayda Buchanan	Express	1:06.00	DNS	

400 Meter Dash - 11:30a		High School Boys		No Block
Name	Team	Seed Time	Final Time	Overall Place
Isaiah Cole	Express	52.00	53.66	1
Rayontay Miller	Express	53.50	54.60	2
Conner Hafenrichter	Warriors Black	52.50	54.66	3
Princeton Liggins	Express	53.00	54.69	4
Eric Jones	Express	55.00	55.31	5
Peterson Hitch	Warriors Black	57.00	56.96	6
Nathan Duke	Warriors White	55.00	57.76	7
Clayton Wulf	Warriors White	54.50	58.47	8
Joe Pirrie	Warriors Black	57.00	58.66	9
Xavier Forrest	Express	1:01.00	1:03.90	10
Ramon Silver	Express	59.00	1:12.47	11

Mile Run - 11:50a		High School Boys		Overall Place
Name	Team	Seed Time	Final Time	Overall Place
Kevin Ganahl	Warriors Black	4:23.00	4:38.75	1
Kyle Lang	Warriors White	4:40.00	4:46.96	2
Nate Gelber	Warriors White	4:33.00	4:48.72	3
Trevor Rogan	Warriors Black	4:32.00	4:49.31	4
Simon Gelber	Warriors Black	4:56.00	5:00.42	5
Micah Thompkins	Warriors White	5:00.00	5:01.34	6
Nick Warmann	Warriors White	5:00.00	5:02.00	7
Drew Wagner	Warriors White	4:39.00	5:04.88	8
Jack Jaeger	Warriors White	4:48.00	5:06.10	9
Ganesh Gangasingh	Warriors Black	4:54.00	5:10.57	10
Ewan Burns-Wilton	Warriors Black	5:00.00	5:14.93	11
Holden Forman	Warriors Black	4:58.00	5:15.87	12
Sam Hooks	Warriors White	4:58.00	5:27.80	13
Henry Epling	Warriors White	5:10.00	5:27.93	14
Evan Adrian	Warriors White	5:10.00	5:35.12	15
Jonah Wright	Warriors White	5:10.00	5:50.09	16
Ethan Haller	Warriors White	5:10.00	DNS	

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60 Meter Dash - 12:25p		High School Girls		
Name	Team	Seed Time	Final Time	Overall Place
Sidney Martin	Express	8.55	8.07	1
Danielle Frank	Express	8.60	8.18	2
Jarmesha Smith	Warriors	8.60	8.22	3
Alexandra Cadenhead	Warriors	8.60	8.31	4
Peyton Dorsey	Express	8.90	8.85	5
Charna' King	Express	8.65	DNS	

60 Meter Dash - 12:25p		High School Boys		
Name	Team	Seed Time	Final Time	Overall Place
Caleb Clemons	Express	7.45	7.07	1
Elijah McNairy	Warriors Black	7.50	6.92	2
Doug Melgara	Warriors Black	7.70	7.19	3
DeShawn Malveaux	Express	7.50	7.39	4
Marc Pitts	Warriors White	7.50	7.41	5
Ethan Cadenhead	Warriors White	7.70	7.53	6
Alijah Cockrell	Express	7.40	DNS	
Delancey Moore	Express	9.00	DNS	

60 Meter Hurdles - 12:40p		High School Girls		
Name	Team	Seed Time	Final Time	Overall Place
Stacey Lambkins	Warriors	9.50	9.43	1

60 Meter Hurdles - 12:40p		High School Boys		
Name	Team	Seed Time	Final Time	Overall Place
Elijah McNairy	Warriors Black	8.70	8.03	1
Justin Blackmon	Express	8.75	8.14	2
Chris Potter	Express	8.75	8.98	3
Marc Pitts	Warriors White	9.00	9.56	4
Richard James	Warriors White	9.00	DNS	

200 Meter Dash - 1:00p		High School Girls		
Name	Team	Seed Time	Final Time	Overall Place
Alexandra Cadenhead	Warriors	26.50	27.85	1
Sidney Martin	Express	28.50	28.05	2
SiArra Forrest	Express	28.75	28.09	3
Danielle Frank	Express	29.50	28.69	4
Chaya Dorsey	Express	29.50	29.19	5
Jarmesha Smith	Warriors	28.00	29.92	6
Elizabeth Webster	Express	29.50	30.45	7
Peyton Dorsey	Express	30.00	31.49	8
Maia Umana	Express	31.00	34.35	9

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200 Meter Dash - 1:00p		High School Boys		
Name	Team	Seed Time	Final Time	Overall Place
Isaiah Cole	Express	22.95	23.72	1
Rayontay Miller	Express	23.70	23.75	2
Caleb Clemons	Express	23.50	24.11	3
Princeton Liggins	Express	23.65	24.25	4
Nathan Duke	Warriors White	23.60	24.62	5
Doug Melgara	Warriors Black	24.00	24.68	6
Justin Blackmon	Express	23.95	24.73	7
Clayton Wulf	Warriors White	25.00	25.04	8
Chris Potter	Express	24.00	25.06	9
Marc Pitts	Warriors White	23.60	25.22	10
Eric Jones	Express	23.90	25.38	11
Chase Martin	Express	24.20	25.62	12
Quinn Wilson	Warriors Black	25.00	26.10	13
Ramon Silver	Express	25.00	31.38	14
Alijah Cockrell	Express	23.20	DNS	
Elijah McNairy	Warriors Black	23.00	DNS	

800 Meter Run - 1:20p		High School Girls		
Name	Team	Seed Time	Final Time	Overall Place
Alex Curtin	Warriors	2:35.00	2:41.78	1
Drevon Carter	Express	2:50.00	2:53.98	2
Jayda Buchanan	Express	2:45.00	DNS	

800 Meter Run - 1:20p		High School Boys		
Name	Team	Seed Time	Final Time	Overall Place
Kyle Lang	Warriors White	2:00.00	2:05.94	1
Brendan Yeagar	Warriors Black	1:58.00	2:10.42	2
Jack Jaeger	Warriors White	2:04.00	2:10.74	3
Trevor Rogan	Warriors Black	2:02.00	2:11.44	4
Drew Wagner	Warriors White	2:06.00	2:15.03	5
Micah Thompkins	Warriors White	2:12.00	2:15.56	6
Ewan Wilton-Burns	Warriors Black	2:10.00	2:15.73	7
Ganesh Gangasingh	Warriors Black	2:10.00	2:17.97	8
Jack Andrews	Warriors Black	2:06.00	2:23.13	9
Peterson Hitch	Warriors Black	2:12.00	2:23.34	10
Holden Forman	Warriors Black	2:16.00	2:24.63	11
Sam Hooks	Warriors White	2:10.00	2:26.91	12
Joe Pirrie	Warriors Black	2:20.00	2:28.88	13
Evan Adrian	Warriors White	2:25.00	2:30.81	14
Xavier Forrest	Express	2:35.00	2:38.00	15
Jonah Wright	Warriors White	2:25.00	2:40.75	16
Jack Warmann	Warriors Black	2:25.00	2:40.99	17

3000 Meter Run - 1:35p		High School Boys		
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Name	Team	Seed Time	Final Time	Overall Place
Nate Gelber	Warriors White	9:10.00	9:47.00	1
Simon Gelber	Warriors Black	9:45.00	9:57.01	2
Nick Warmann	Warriors White	10:20.00	9:57.78	3
Ethan Haller	Warriors White	10:20.00	DNS	

4x400 Meter Relay - 1:50p		High School Girls		
Name	Team	Seed Time	Final Time	Overall Place
	Warriors		4:36.59	1
A - Team	Express		4:40.14	2
B - Team	Express		4:50.59	3

4x400 Meter Relay - 1:50p		High School Boys		
Name	Team	Seed Time	Final Time	Overall Place
A - Team	Express		3:45.37	1
	Warriors Black		3:45.55	2
	Warriors White		3:49.57	3
B - Team	Express		4:01.22	4
C - Team	Express		DNS	

Long Jump - 11:30a		High School Girls		
Name	Team	Seed Distance	Best Jump	Overall Place
Chaya Dorsey	Express	14'0"	12'10"	1
Charna' King	Express	15'0"	12'9"	2

Long Jump - 11:30a		High School Boys		
Name	Team	Seed Distance	Best Jump	Overall Place
Ethan Cadenhead	Warriors White		19'3"	1
DeShawn Malveaux	Express		18'3-1/2"	2
Richard James	Warriors Black		16'10"	3

High Jump - Following Long Jump		High School Girls		
Name	Team	Seed Height	Best Jump	Overall Place
Stacey Lambkins	Warriors		4'10-1/2"	1

High Jump - Following Long Jump		High School Boys		
Name	Team	Seed Height	Best Jump	Overall Place
Richard James	Warriors Black		5'10"	1
Quinn Wilson	Warriors Black		5'8"	2
Ethan Cadenhead	Warriors White		5'6"	3
Peterson Hitch	Warriors Black		5'4"	4

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Triple Jump - Following High Jump			High School Boys	
Name	Team	Seed Distance	Best Jump	Overall Place
Ethan Cadenhead	Warriors White		38'7"	1
Richard James	Warriors Black		38'3"	2
Jack Andrews	Warriors Black		DNJ	

Shot Put - Noon (during block work clinic)			High School Girls	
Name	Team	Seed Distance	Final Throw	Overall Place
Maia Umana	Express	25'0"		
Elizabeth Webster	Express	24'0"		

Shot Put - Noon (during block work clinic)			High School Boys	
Name	Team	Seed Distance	Final Throw	Overall Place
Chase Martin	Express	47'0"		